



# ScarWork™

## MANUAL THERAPY FOR INTEGRATING SCARS INTO THE FASCIAL WEB

### A 3-day In-person Course for Hands-on Healthcare Providers

with Michelle Baracz, MS, LMT, Board Certified Structural Integrator

#### DATES

October 17-19, 2025  
(Friday-Sunday)

#### TIME

8:30 am to 5:30 pm  
(1-hour lunch)

#### CLASS SIZE

10 student maximum

#### TUITION

\$800

#### LOCATION

Quality Physical Therapy  
135 Main Street  
Sturbridge, MA 01566

#### HOST

Pam Arbour, RPT  
413-427-4778  
[pjarbour@comcast.net](mailto:pjarbour@comcast.net)

#### COURSE DESCRIPTION

Join this inspiring continuing education experience delivering new insights and tools to expand the future of your practice. ScarWork, created by [Sharon Wheeler](#), begins with gentle work in the superficial layers and continues into the far-reaching depths of the scar without having to work any harder.

Symptomatic scars can be associated with pain, decreased range of motion, tightness, numbness, and irritating sensations. ScarWork can yield lasting functional change as well as cosmetic and tactile improvement, often after a single session. Most natural and surgical scars of any age respond well, including mastectomy, hip/knee replacement, C-section, hysterectomy, and burns. Those with Dupuytren contracture often benefit as well.

Attendees will learn 20+ techniques through demonstration and hands-on experience with class participants and volunteers from the community. The techniques can be incorporated into your practice immediately.

#### WHO SHOULD ATTEND

ScarWork can fit seamlessly into any healthcare practice including physical therapy, occupational therapy, massage therapy, structural integration, chiropractic, or can be offered as a stand-alone intervention.

#### CONTINUING EDUCATION CREDITS

- 24 CE hours with NCBTMB
- 24 CEUs APTA MA
- 2.4 CEUs with MD Board of PT Examiners

\*Please inquire as to whether CEUs can be approved by the PT board in your state\*

#### REGISTRATION

Register directly [via this link](#) or contact Michelle at [MichelleBaracz.com/Contact](http://MichelleBaracz.com/Contact).

#### SCAR MODEL VOLUNTEERS

If interested in volunteering to receive free ScarWork from students during one of the 2 hour supervised clinics on October 18 or 19, contact the host, Pam Arbour at 413-427-4778 or [pjarbour@comcast.net](mailto:pjarbour@comcast.net).

